

A nebulizer can be used to treat asthma, COPD and other lung diseases. It turns liquid medicine into a mist that you breathe through a face mask or mouthpiece. This helps get the medicine deep into your lungs. This can help you breathe and feel better.

## How and where to get a nebulizer

Nebulizers come in different sizes. Some nebulizers can fit on a small table. A portable nebulizer is smaller. It can be used when you go out.

To get one, talk to your healthcare provider. Your healthcare provider will give you a prescription for the nebulizer and medicine. A nebulizer may be covered by your health plan. You can get a nebulizer from a pharmacy or the store you pick up your medicine. You can also go to a medical supply store.

## How to use a nebulizer during a power outage

Nebulizers need a power source to work. In a power outage, a stationary nebulizer will not work. A portable nebulizer can be plugged into a car. Some come with a battery pack which can be charged for use when you leave your home.

## How to take care of a nebulizer

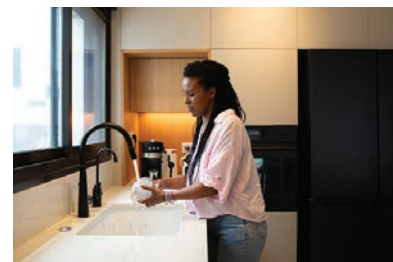
Cleaning a nebulizer is easy. After each use, clean the medicine cup, top piece to the medicine cup, face mask or mouthpiece. You can wipe the machine down with a damp cloth, if it gets dusty.

Do not wash or soak the tubing or machine. The information that comes with a nebulizer will tell you when to replace the filter, tubing, face mask or mouthpiece.

### Learn more

Talk to your doctor if you think a nebulizer is right for you.

Learn more at [Lung.org/nebulizer](https://www.lung.org/nebulizer).



## Scan the QR code and watch the videos

### How to Use a Nebulizer



### How to Clean a Nebulizer

