





People may have a harder time finding housing that allows tobacco use.

Many private properties are putting smokefree housing policies in place to protect the health of all residents.

The U.S, Department of Housing and Urban Development (HUD) requires every public housing agency to have a smokefree policy.<sup>1</sup>



This means smoking or vaping will not be allowed

in your unit, common areas, and outdoor areas within 25 feet of your building.

We know your housing options may greatly affect you and your loved ones. Being able to adapt to smokefree housing policies will make your living situation more comfortable.

People who use tobacco and seek help decreasing tobacco use through coaching and medication have a better chance at quitting.



Your counselor or other health care provider is here to support you. Ask them for assistance quitting tobacco.

Tobacco in this document refers specifically to the use of manufactured commercial tobacco products, and not to the sacred, medicinal, and traditional use of tobacco by American Indians and other groups.

## Reference

 Smoke-Free Public Housing. (n.d.) U.S. Department of Housing and Human Development. https://www.hud.gov/program\_ offices/public\_indian\_housing/programs/ph/phecc/smokefree