

# Questions to Ask Your Healthcare Provider Before a Disaster or Emergency

If you or a loved one are living with a lung disease, you may need to take additional precautions in the event of an emergency or disaster. Being prepared and knowing how to respond can help you stay safe during an emergency.

## Is my Action Plan up to date?

Your Action Plan can help you know how and when to get help from a healthcare provider. Action Plans should be updated yearly or as treatment plans change and are available for download at [Lung.org/asthma-plan](http://Lung.org/asthma-plan) and [Lung.org/COPD-action-plan](http://Lung.org/COPD-action-plan).

Yes  No



## What are some steps I can take to prepare for an emergency?

If you use a medical device, you may need to take additional steps to prepare for an emergency such as locating a backup power source.

---

---

---

## Who should I call if I have a symptoms flareup during an emergency or disaster?

Your provider may not be available during an emergency or disaster, but they may have an after-hours line. If you are having a health emergency, call 911.

Contact name: \_\_\_\_\_

Phone number: \_\_\_\_\_

## What medical supplies should I keep in my emergency kit?

Your healthcare provider can recommend medical supplies (devices, masks, medications, etc.) that you should have on hand during an emergency.

---

---

---

## If I need to evacuate, what medical documents do I need to bring with me?

Your healthcare provider may recommend keeping a list of your medications, medical history, insurance information and emergency numbers in your emergency kit.

---

---

---

## Am I up to date on vaccinations?

Evacuating due to disasters and emergencies may expose you to crowds and germs.

Yes  No

Vaccinations needed: \_\_\_\_\_