American Lung Association.



Healthy Students = Better Attendance

6 Ways to Support Student Health and Attendance During Respiratory Virus Season

1. **Stay Up to Date on Recommended Vaccinations** Often available at the doctor's office, pharmacy or health department.
2. **Improve Indoor Air Quality** Better ventilation, fresh air, and air filtration.
3. **Promote Healthy Habits** Handwashing, covering coughs and sneezes, and staying home when sick.
4. **Keep Health Supplies Available** Soap, tissues, hand sanitizer and masks.
5. **Support Students with Asthma** Asthma action plans and healthy learning environments to reduce asthma triggers.
6. **Partner with Families** Share prevention tips and school illness guidance.

Reduce illness-related absences, support healthy learning environments, and help students succeed all year long. Learn more at **Lung.org/viruses.**